

STEP-BY-STEP



Using a food processor or electric mixer, combine the feta and cottage cheese.

Process until well combined.



Scrape down the sides as necessary and continue to process until whipped and larger in volume.



Add the red pepper, oil, honey, lemon juice, and black pepper to the cheese mixture and process again until combined.



Build a bento box with a #24 disher of Htipiti, 2 oz hummus, 1/2 cup veggies, and 1 whole pita (cut into fourths).