

STEP-BY-STEP

Freeze bananas at least one day prior to service. Peel bananas and lay on a lined sheet pan in a single layer.



Place yogurt, fresh bananas, frozen bananas, chocolate chips, spinach, peppermint extract and milk in a 5-gallon bucket.



Use an immersion blender to blend until smooth.



Pour 10 fl oz smoothies into 12 fl oz cups.