

Smoothie Results

Shepaug Valley School, Washington, CT



"The smoothies are a huge hit, it was a challenge to keep up with them at first. Many students were coming up and suggesting new flavors. One smoothie was named after a student. He was so surprised and grateful. Word got out and I had more than usual staff and students coming to breakfast to try "Jacobs Kitchen Sink Smoothie".

-Melissa Warren, Cafeteria Manager

After numerous student requests, Shepaug Valley School added smoothies to the menu in May of 2022.

Melissa Warren, Cafeteria Manager, recommends doubling smoothie batches, especially at the beginning, and engaging students in the program. Getting creative with names and ingredients helps to keep it interesting.

Daily breakfasts served at the school almost doubled, and the number of lunches served each day increased by over 100.

