



got milk?[®]

DIRT N WORMS CHOCOLATE PUDDING



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MAKES 6 SERVINGS

INGREDIENTS

- 1 box chocolate pudding mix
- 2 cups cold, real chocolate milk
- 20 chocolate vanilla sandwich cookies
- 12 gummy worms

DIRECTIONS

1. Prepare pudding mix using chocolate milk
2. Pour into a glass baking dish.
3. Chill until set
4. Place gummy worms and crushed cookies over the top.
5. Sprinkle candy corn, whole cookies, or more toppings if desired.

Nutrition: 360 calories; 9 g fat; 3 g saturated fat; 5 mg cholesterol; 4 g protein; 68 g carbohydrates; 2 g fiber; 290 mg sodium; 106 mg calcium. Nutrition figures based on using lowfat chocolate milk.

