

# Quick & Easy Mac and Cheese

This simple five ingredient recipe can help get your family's dinner on the table in a flash. Add in vegetables to make it a complete meal your family can enjoy.

## Ingredients:

- 2 cups dry macaroni
- 2 cups milk
- 1 cup shredded cheese
- 1/2 tsp salt
- Pepper to taste
- 1/4 cup additional milk (if needed)

## Cooked Vegetables:

- Broccoli
- Peas
- Spinach
- Mushrooms
- Onions
- Greens such as spinach, swiss chard, or kale

## Seasoning:

- Basil
- Oregano
- Parsley
- Italian seasoning mix
- Hot pepper sauce



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## Cheese suggestions:

- Cheddar
- Monterey Jack
- Muenster
- Mozzarella
- Havarti
- Swiss

## Directions

1. Add milk to saucepan and bring to a simmer, then add the macaroni. Cover with lid and return mixture to a simmer over medium heat stirring occasionally.
2. Once pasta and milk are simmering, stir frequently until pasta is tender, about 10 minutes. If mixture is too thick, stir in additional milk.
3. Stir in seasonings and remove pan from heat.
4. Stir in cheese until melted and fully combined with pasta.
5. Toss in cooked veggies and serve immediately.



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