

February



February is a short month, so don't let it pass you by without celebrating **National Pizza Day (2/9)** and learning about the contributions that Black Americans have made to agriculture and food culture.



PROMOTIONAL IDEAS

- Use the [6 Ways Cheese Can Help Your Body](#) and/or the [Cheese and Healthy Eating](#) "Fast Facts" to introduce the role cheese plays in a healthy diet. Hold trivia contest with prizes like stickers or a pizza party.
- [Hold Your Own School Pizza Challenge](#).

ENGAGING STUDENTS

Curriculum

- [New England Dairy Innovation Kit](#)

Handouts & Posters

- [Nutrient Comparison Cards](#)
- [6 Ways Cheese Can Help Your Body](#)

Social Media

- Black History Month
 - **Sample Post:** In recognition of #BlackHistoryMonth we would like to raise up the story of George Washington Carver. Mr. Carver was born into slavery in the late 1800s and went on to become a great scientist. His work to improve soil health and his development of practices like crop rotation are best practices used by farmers today, including dairy farmers. Learn more about Mr. Carver [here](#).
- National Pizza Day (2/9):
 - **Sample Post:** Today is #NationalPizzaDay! You can add more nutrition to your pizza by adding additional toppings such as vegetables, fruits, and lean meats, the possibilities are endless. What toppings do you like to add to your pizza?

FOOD FOR THOUGHT

- [Contributions from Black American's to America's Food Culture](#)
- [George Washington Carver](#)
- [PBS Black History Month Classroom Resources](#)
- [Lactose Intolerance vs. Dairy Allergy](#)
- [6 Ways Cheese Can Help Your Body](#)
- [Cheese and Healthy Eating](#)

VIDEOS

- [Quick and Easy Pizza](#)
- [Story of George Washington Carver](#)

RECIPES

- [Quick and Easy Pizza](#)
- [Pizza Grilled Cheese](#)
- [Slow Cooker Deep Dish Personal Pizza](#)

FUN STUFF

- [Free! I Heart Cheese Stickers](#)