

# April



Celebrate **National Earth Day (4/22)** by learning about what our local dairy farmers are doing to take care of their land and communities. Show off those local foods on **National Grilled Cheese Sandwich Day (4/12)** by featuring grilled cheese with in-season add-ins on your menus.



## FOOD FOR THOUGHT

- [6 Ways Cheese Can Help Your Body](#)
- [Dairy Farm Sustainability](#)
- [What Dairy Cows Eat](#)
- [How would an absence of dairy cows affect nutrition and the environment?](#)
- [Meet the Farm Families](#)
- [Honor the Harvest](#)

## PROMOTIONAL IDEAS

- Connect students to sustainable dairy farming practices used by our local dairy farmers with our [360 videos](#), [tip sheet](#), and [curriculum](#).

## BLOGS

- [Will Removing Dairy Cows Help Stop Climate Change?](#)
- [Dairy Environmental Sustainability](#)

## ENGAGING STUDENTS

### Curriculum

- [How Milk Gets from Farm to Table](#)
- [Virtual Farm Tours](#)
- [Dairy Innovation Kit](#)

### Handouts & Posters

- [Dairy Farms of New England](#)
- [Cheese Infographic](#)

### Social Media

- National Grilled Cheese Sandwich Day (4/12)
  - **Sample Post:** It's #NationalGrilledCheeseSandwichDay. You can customize your grilled cheese by switching up the cheese and adding fruits, vegetables, and lean meats. Check out this quick & easy [grilled cheese recipe guide](#) from @newenglanddairy for inspiration. It's like a "choose your own adventure" for grilled cheese!
- Earth Day (4/22)
  - **Sample Post:** Raise a glass of milk to U.S. dairy farmers who have made a commitment to practicing more sustainable land and energy use to have net zero carbon emissions by 2050. They work to make every day #NationalEarthDay. Learn more about [dairy farm sustainability](#).

## VIDEOS

- [Kimchi Grilled Cheese](#)
- [Dairy's Surprising Tie to Renewable Energy](#)

## RECIPES

- [Kimchi Grilled Cheese](#)
- [Siracha Grilled Cheese](#)
- [Quick & Easy Grilled Cheese](#)

## FUN STUFF

- [Free! I Heart Cheese Stickers](#)
- [Milk is Local Bookmark](#)
- [Dairy Activity Book](#)