

# HOW TO MAKE ICE CREAM IN A BAG

## INGREDIENTS

1/2 cup Cream  
1/2 tsp. Vanilla  
1 TBSP Sugar  
1/3 cup Salt  
4 cups Crushed Ice

## MATERIALS

(2) quart size ziploc bags  
(1) gallon size ziploc bag  
Hand towel or paper towels

## STEP 1

Mix the cream, vanilla and sugar together in a quart size bag. Seal the bag tightly and make sure there is no air inside.

TIP: Double bag to avoid spills.



## STEP 2

Put the bag inside a gallon bag and fill the bag with ice and salt. Seal the bag tightly and wrap in a towel.



## STEP 3

Shake the bag for 4-5 minutes.



## STEP 4

Remove the quart size bag and throw away the gallon size bag.



## STEP 5

Spoon into a bowl and enjoy this delicious dairy treat!  
Add fresh berries for added nutrients!



# SCIENCE BREAK: CHANGES IN MATTER

**What phase of matter did the cream start in?**

- a) Liquid
- b) Solid



**What phase of matter did the cream end in?**

- a) Liquid
- b) Solid

**What state of matter is ice cream?**

- a) Liquid
- b) Solid



**Name 5 ingredients we used to make the ice cream.**



**Name 1 liquid and 1 solid we used to make the ice cream.**



## Bonus question

Ice cream is made with cream.  
What dairy product is frozen yogurt made with?



For additional resources visit:  
[www.NewEnglandDairy.com](http://www.NewEnglandDairy.com)