March

CELEBRATION MOMENTS

National School Breakfast Week (3/4-3/8)
National Ag Day (3/19)
National Nutrition Month



FOOD FOR THOUGHT

Farmers Work Hard to Make Your Milk Safe
Your Local Dairy Farmers - See who produces your milk
50 Ways to Get Involved in National Nutrition Month
Plan your National School Breakfast Week Celebration

CLASSROOM CONNECTION

Farmers Fuel the World-Converting Poop to Power

Virtual Farm Tours

FOR YOUR MENU

DAIRY JOKE: Why are cows so good at math? They have a built in cowculator

FUN FACT: All 50 states have dairy farms

RECIPE: Peaches and Cream Waffle Dunkers

FREE STUFF

Milk is Local Bookmarks

SOCIAL MEDIA POST TEMPLATES

Your own photos are best. If needed, these images from our <u>photo gallery</u> are approved for school use. If you use one of our posts, please tag us @NewEnglandDairy so we know this resource is helpful.

- School meals offer whole grains, fruits, vegetables, lean protein, and dairy to create a well balanced diet that nourishes and supports our students growth and learning. We celebrate #NationalNutritionMonth all year long.
- School Meals 101: Vegetables are provided as an option with every school lunch. Add a
 vegetable to make a complete meal. They provide fiber, vitamins, and minerals to keep your
 students going.
- Come celebrate National School Breakfast Week with [insert name of school/district].
 School breakfast is a key part in fueling students to reach their potential
 #surfsupwithschoolbreakfast #NSBW2024.
- America's farmers are proud stewards of our land, water and air. Join us in showing thanks by choosing [insert locally sourced breakfast and lunch items such as milk, fruits, vegetables, etc.] on National Ag Day, March 19, 2024. Learn how your milk is local. #AgDay24

